

□□□□□□ Week 3	MONDAY 	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL 	Margherita pizza served with jacket wedges	Chicken tikka marsala and naan bread	Macaroni cheese	Quorn chilli	Fish and chips
PASTA	Cheese and tomato pasta bake	Vegetable pasta bake with garlic bread	Sausage pasta bake	Tuna and sweetcorn pasta bake	Chicken dippers
ACCOMPANIMENTS 	Sweetcorn Salad bar	Roasted vegetables Salad bar	Broccoli Salad bar	Baton Carrots Salad bar	Mushy peas Chips Curry sauce
JACKET POTATO/ SANDWICH BAR	Choice of cold sandwiches: tuna, cheese, ham or egg Jacket potato; tuna mayo, cheese and beans, coleslaw	Mediterranean chicken wrap Jacket potato; tuna mayo, cheese and beans, coleslaw	Choice of cold sandwiches: tuna, cheese, ham or egg Jacket potato; tuna mayo, cheese and beans, coleslaw	Meatball sub roll Jacket potato; tuna mayo, cheese and beans, coleslaw	Choice of cold sandwiches: tuna, cheese, ham or egg Jacket potato; tuna mayo, cheese and beans, coleslaw
DESERT	Chocolate Muffin with sprinkles	Syrup Sponge and custard	Cheese and Biscuits	Homemade cookie	Artic roll
FRESH FRUIT AND YOGHURT □□□□ 	Fresh fruit or yoghurt	Fresh fruit or yoghurt	Fresh fruit or yoghurt	Fresh fruit or yoghurt	Fresh fruit or yoghurt



MENU

Fuel your afternoon with a healthy school lunch from Mellors

KEY



- 1 OF YOUR 5 A DAY



- MEAT-FREE MONDAY



- CHEF'S CHOICE



- PLANT-BASED (VEGAN)

